



Seated Woman by James Iatridis, an artist who lived with MS. © 2005 James Iatridis

# Psychosocial Intervention in Multiple Sclerosis

Strategies for Mental Health Professionals

**Tuesday, Sept. 27, 2011**  
**8:30 a.m. – 5 p.m.**

**Connecticut Valley Hospital**  
Middletown, Conn.

## **SPEAKERS**

**Rosalind Kalb, Ph.D.**  
New York, NY

**Andrea Arzt, LCSW**  
New York, NY

## Program Topics

- Multiple Sclerosis: What You Need to Know About the Disease
- “Trying on” Symptoms of MS
- Adapting to Life with Multiple Sclerosis: Emotional Challenges and Coping Strategies
- Cognitive Dysfunction in MS
- Case Vignette Presentations and Discussion
- Multiple Sclerosis and Intimacy
- Parenting: Choices and Challenges
- Professional Challenges

## Registration Information

Prior registration is required for this program. The registration fee is \$100 and includes 6.5 CECs, participant materials, breakfast and lunch. The fee is non-refundable and payable in advance to:

National Multiple Sclerosis Society  
Connecticut Chapter  
659 Tower Avenue, First Floor  
Hartford, CT 06112-1269

The registration deadline is Monday, Sept. 19, 2011.

## Learning Objectives

Upon completion of this program, participants will be able to:

- Describe the physical, emotional, and cognitive impact of MS on individuals and their families
- Recognize and address unique clinical challenges to working with clients with a chronic, disabling illness
- Identify client needs and facilitate efforts to adapt and problem-solve

## Eligibility

Social workers, psychologists, professional counselors and marriage and family therapists are all eligible to attend this course.

## Accreditation Information

This program has been approved for 6.5 Continuing Education Credit Hours by the National Association of Social Workers, Connecticut Chapter, and meets the continuing education criteria for CT Social Work Licensure renewal.

## More Information

Contact Amy Watkins, Chapter Programs Manager, National Multiple Sclerosis Society, Connecticut Chapter at 860.913.2550 or e-mail [amy.watkins@nmss.org](mailto:amy.watkins@nmss.org).